

Bipolar's of Karang in the Novel *Aku Tak Membenci Hujan* by Sri Puji Hartini: Psychoanalysis

Ika Trisna wati

English Department, Faculty of Educaton, Institut Agama Islam Tarbiyatut Tholabah, Lamongan, Indonesia

Article Info

Keywords:

Keyword 1; Bipolar
 Keyword 2; Psychoanalysis
 Keyword 3; Aku Tak Membenci Hujan
 Keyword 4; Sigmund Freud

Article History:

Received : 20/12/2024
 Revised : 29/12/2024
 Accepted : 10/01/2025
 Available Online:
 31/01/2025

Abstract

Multiple personality is a psychiatric illness. People who have multiple personalities can have two or even many personalities. The cause of multiple personality disorder is usually caused by trauma or painful events from childhood or adulthood. The purpose of this research is to describe the multiple personalities experienced by the character Karang in the novel "Aku Tak Membenci Hujan", describe the causes of the multiple personality experienced by the character Karang in the novel "Aku Tak Membenci Hujan", and describe the way Karang resolves the personality disorder he experiences. This study used a descriptive analysis method with a literary psychological approach. The literary psychology approach used comes from Sigmund Freud's psychological theory, namely psychoanalysis. The data used are in the form of words, phrases, and sentences that contain inner conflicts, the process of personality formation, and the form of multiple personality that is owned by Karang in the novel "Aku Tak Membenci Hujan", which will be published in 2023. The data collection uses the reading and writing technique of the novel "Aku Tak Membenci Hujan". The data were analysed using qualitative descriptive techniques using Sigmund Freud's psychoanalytic theory and the concept of multiple personality symptoms.

Introduction

Today, in Indonesian society there are symptoms of mental disorders. One of the most frequent causes is when there are general elections for state officials, be it at the village, sub-district or district levels. The case is, prospective officials invest all their money in the hope of being elected to the village head, sub-district head, and others, but in reality, they are not elected. Candidates for office who fail sometimes get mental disorders of insanity due to the stress of losing money, not being elected, especially if there is debt. Such cases are often found in Indonesia.

Apart from occurring in real-world society, mental disorders are also often described by characters in literary works. Mental disorder is a disease related to the human soul. Mental disorders are often used as inspiration for the creation of literary works. In literature, mental disorders can make story problems more complicated and exciting. The conflicts experienced by the characters both within themselves and with other characters will become more complex if it is related to mental disorders.

One example is the character Rosie in the novel *Sunset with Rosie* by Tere Liye. Rosie had a mental breakdown when her husband died. Her husband died because of the bombing in Bali. Rosie, who survived the bombing, felt depressed to the point that she didn't care about her children. Rosie's depression gets so bad that it causes her to want to commit suicide.

Apart from the character Rosie, there is also another character who has a mental disorder, namely Billy Milligan in the novel *The Minds of Billy Milligan*. The interesting thing is that Billy Milligan has multiple personality disorder. Billy has a personality consisting of 24 characters. Each personality has its own role. In the novel, each personality possessed by Billy has its own roles, whether positive, negative, or neutral. Therefore, psychology can also be applied in literary works.

This study focuses on the relationship between the application of psychology to the characters in literary works. Psychology and literature are related to each other, especially in expressing the personality of the characters in a story, because literature is a mirror of humans, both in life and personality.

When talking about psychology, the most appropriate science to use is psychology. One of the famous psychology figures is Sigmund Freud. Freud (Eagleton in Minderop 2013: 13) argues that the human mind is more influenced by the unconscious mind than the conscious mind. This statement explains that most human behavior is influenced by their subconscious, as experienced by Billy who does not realize that he has a different personality.

Apart from the novel *The Minds of Billy Milligan*, there are also other novels that discuss multiple personalities. An example is a novel entitled *I Don't Hate the Rain*. The novel has interesting things such as inner conflict, multiple personality, crime, romance, and family problems.

Unlike the previous novels, the novel *Aku Tak Membenci Hujan* tells of the main character who is always tortured, exiled, and ignored by his own mother. The novel also has multiple personality disorder. The novel *Aku Tak Membenci Hujan* was written by Sri Puji Hartini under the pen name Green0731. This novel is the first novel he wrote. Sri Puji Hartini can bring her characters to life with her easy-to-understand writing. In addition, Sri Puji Hartini can also liven up the atmosphere that supports the storyline. As far as research of the novel *Aku Tak Membenci Hujan* has been investigated, it has never been studied. This novel is published in 2023 by PT. Akad Media Cakrawala x Squad Media Cakrawala in Depok.

The novel *Aku Tak Membenci Hujan* has one main plot that continues to develop. The story begins with Karang Samudra Daneswara, who was born from a mistake, hated for no reason, and considered worthless by his mother, making Karang live in grief. He never wanted anything in his life except love from Andira Deepa (his real mother). Karang often gets various rejections and harsh treatment, but Karang is still a figure that warms the soul. Unknowingly, what she experienced turned out to grow another figure in her.

The novel *Aku Tak Membenci Hujan* is important to study for three reasons. First, there are mental problems that can be seen in the novel, such as trauma, violence, despair, and so on. Second, the inner conflict experienced by the character causes multiple personalities. Third, this novel has never been researched. These problems become an attraction to get a precise and accurate analysis.

Therefore, the researcher uses the interdisciplinary science of literary psychology to examine the novel *Aku Tak Membenci Hujan* with Sigmund Freud's psychoanalytic theory.

Method

This study uses a qualitative descriptive method with a literary psychological approach. The literary psychology approach used comes from Sigmund Freud's psychological theory, namely psychoanalysis. The data used are in the form of words, phrases and sentences that contain inner conflicts, the process of personality formation, and the form of multiple personality possessed by Karang in the novel *Aku Tak Membenci Hujan* by Sri Puji Hartini is published in 2023. The data collection uses the reading and writing technique of the novel *Aku Tak Membenci Hujan*. The data were analysed using qualitative descriptive techniques using Sigmund Freud's psychoanalytic theory and the concept of

multiple personality symptoms. The research conducted is qualitative research. Qualitative research methods as research procedures that produce descriptive in the form of written words from the observed behaviour in the novel. This research is a type of qualitative research. Sugiyono (2013) stated that qualitative research is research that is used to examine natural object conditions, researchers are key instruments, with data collection techniques carried out by triangulation, data analysis is inductive in nature, and qualitative research results emphasize meaning rather than generalization. The technique used in this study is a literature study technique coupled with reading and note-taking techniques. The aim is to collect evidence that is in accordance with the formulation of the problem (Faruk, 2012: 24). While the data analysis technique used in this study is a descriptive analysis technique using a way of explaining in accordance with the facts and collecting facts and then analysing them (Ratna, 2015: 53).

Findings and Discussion

Research on the psychological aspect is only emphasized on the character Karang Samudra Daneswara in the novel *I Don't Hate the Rain*. He is the main character who is told to have a lot of inner conflicts.

In analyzing the psychological aspects that occur to the main character in this novel, it begins with the introduction of the character Karang. Samudra Daneswara reef is the child of the couple Pramana Daneswara and Andira Deepa. Karang is described as a smart senior high school student, but he doesn't like mingling with his classmates and prefers to sit in the corner of the class while sleeping during class. Karang has a girlfriend named Launa.

Karang is described as a person who is kind and likes to help the people around him, this can be proven in the following data:

*“” Oh iya. Gimana kabar keluarga Mamang? Warungnya lancar?”
“Alhamdulillah sudah 200% lebih baik berkat Mas Karang,” kata Mang Jana. Wajahnya terlihat berderi-seri saat mengucapkan kalimat itu.
“Kadang saya bersyukur dengan kecelakaan yang menimpa saya waktu itu, Mas.”
Karang melirik, tak mengerti dengan kata syukur yang Mang Jana ucapkan. “Hm?”
“iya, Mas,” katanya jujur. “Kalau dipikir-pikir, karena kecelakaan itu, saya bisa ketemu sama Mas Karang. Gerobak saya diganti dengan yang lebih bagus. Rumah saya diperbaiki. Biaya sekolah anak-anak saya*

ditanggung Mas Karang. Saya nggak pernah nyangka bisa dapat rejeki begitu banyaknya, Mas,””

”” Oh yeah. How is your family? Is the shop doing well?” “Alhamdulillah, it's 200% better thanks to Mas Karang,” said Mang Jana. His face looked radiant as he said that sentence. “Sometimes I'm grateful for the accident that happened to me that time, Mas.”

Karang glanced over, not understanding Mang Jana's words of gratitude. “Hm?”

”Yes, Mas,” he said honestly. “Come to think of it, because of that accident, I was able to meet Mas Karang. My cart was replaced with a better one. My house was repaired. Mas Karang covered my children's school fees. I never thought I could get so much fortune, Mas.”

Based on these data it can be interpreted that Karang has humility and a high social spirit by helping Mang Ujang who is in trouble to pay for his children's school fees, even though he was not the one who caused the accident that Mang Ujang experienced. He didn't want to get credit for what he did to Mang Ujang. This can be interpreted that Karang has the character of a protagonist with good manners and social life.

Karang's good attitude is also found in:

“Mang Jana terlihat begitu kikuk. Setiap kali Karang membeli siomaynya, cowok itu selalu membayar dengab beberapa lembar uang ratusan ribu. Tentu dia senang menerima rezeki sebanyak itu. Namun di siis lain dia jadi merasa tidak enak karena terus menerima kebaikan cowok itu. “ini kebanyakan lagi, Mas” “buat nambah beli buku adik-adik” balas karang singkat.”

”Mang Jana looked so clumsy. Every time Karang bought his dumplings, the boy always paid with several hundred thousand bills. Of course, he was happy to receive that much sustenance. But on the other hand, he felt bad for continuing to accept the boy's kindness. “This is mostly again, Mas” “to buy more books for the younger siblings” replied Karang briefly.”

That is the other good side that is owned by a Samudra Daneswara Reef. Although rarely seen mingling with other students, but very warm and friendly to people out there. Corals never look at the caste or strata from which they come. Karang only feels comfortable with people who don't know him. He felt happy if he could talk and talk about anything with them. Karang is also very happy if he can help even a little with the wealth he has.

Behind Karang's caring and helpful nature, he keeps millions of wounds. The wound that Karang got from his biological mother, Karang was never considered a child by his mother. Andira Deepa, a famous writer whose work is known everywhere. Even though his

mother never considered him, Karang loved his biological mother very much. This can be proven by the following data:

“” KENAPA KAMU TIDAK SADAR DIRI JUGA SIH ANAK SIAL? Mau bagaimnapun kamu berusaha, saya tetap tidak akan pernah menyukai kamu! Jadi, jangan berusaha melakukan apapun untuk mendekati saya. PAHAM KAMU!” “Ta-tapi itu bukan kue dari Karang, Ma.” Karang sedikit tergagap. “Bukan Karang yang kasih Mama kuenya.” “Oh, sudah merasa besar, sudah mulai berbohong kamu?” “Karang nggak bohong, Ma. Kar—”

“TUTUP MULUT KAMU!” Adira memaksa masuk kue tersebut ke dalam mulut Karang hingga anak laki-laki itu tersedak. “Uhuk!” Karang terbatuk dan memuntahkan kue yang menjejat di mulut kecilnya. “Ka-rang min-ta maaf... kalau Ka-rang sudah bikin Ma-ma marah. Karang janji. Ng-gak akan melakukannya lagi,” ucapnya terbata-bata.”

“” WHY DON'T YOU REALIZE YOURSELF TOO, DAMN IT? No matter how hard you try, I will never like you! So, don't try anything to get close to me. UNDERSTAND YOU!” “But it's not Karang's cake, Ma.” Karang stammered a little. “It wasn't Karang who gave me the cake.” “Oh, you're feeling big already, are you starting to lie?” “Karang doesn't lie, Mom. Kar-”

“SHUT YOUR MOUTH!” Adira forced the cake into Karang's mouth until the boy choked. “Uhuk!” Karang coughed and spit out the cookie crammed in his small mouth. “You're sorry... if you've made Ma-ma angry. I promise. I won't do it again,” he stammered.”

From this data it can be proven that Andira doesn't really like Karang. But even though his mother didn't want him, his father and younger brother Karang always loved him. Moreover, grandmother (mother of Pramana), her grandmother loved Karang very much.

Andira never thought of Karang as her child because she thought that Karang was born due to an unexpected mistake. Karang was indeed not the child of Andira and Pramana. Karang is the child of the rape incident that Andira experienced when Andira was going to Pramana's workplace.

When he was small, Karang was taken to the house of Sujono, Pramana's cousin who lived in America. Paramana routinely sends money to the family as a reward for caring for Karang and for fulfilling Karang's life while living with them in America. The reason Karang lives in America is because Karang is a child whose presence Andira never accepts. Andira really hates her first child. Karang's presence is considered a disgrace that does not deserve to be in the midst of his family.

However, by giving Karang to be raised by his cousin in America, in fact Pramana found his son who was always being abused by his cousin. He knew that when another soul appeared in Karang. This coral alter ego has the name Agha Sebasta Daneswara. Agha has the opposite character from Karang. If Karang only kept silent when Andira insulted and insulted him, then Agha was not afraid, he was even very brave towards Andira. This is found in the quote:

“” Woy! Wanita yang merasa paling tersakiti!” teriak Agha sambil menuruni anak tangga dengan cara meluncur dari pinggir tangga.

“Lo kaget ya, lihat gue berani ngomong kaya gini?” Agha berjalan pelan menghampiri Andira. “jangan ngerasa kalua lo adalah satu-satunya korban deh. Aktung lo yag merasa paling tersakiti itu, seharusnya bisa dapat standing applause!”

PLOK, PLOK!

Agha bertepu tangan tepat di depan wajah ibunya. Walau tidak pernah bertemu dengan Andira sebelumnya, tapi remaja itu sangat tahu jika Andira sangat membenci Karang dan selalu menyalahkan Karang atas semua yang terjadi pada hidup Andira. Agha tahu itu karena dia berada di tubuh yang sama dengan Karang.

PLAK!

Andira melayangkan tamparan keras ke wajah Agha. Agha memegang pipinya yang kemerahan karena tamparan Andira. Dia berdecak kesal “Ck, kasihan sekali si Karang. Hidupnya ditampar sana-sini, dipukul sana-sini,” ucap Agha.

Andira mengangkat sebelah tangan, hendak melayangkan tamparan ke dua ke wajah Agha. Namun, dengan cepat Agha menampik tangan ibunya, lantas meremas lengan Wanita yang sudah melahirkannya itu dengan keras. “jangan tampar gue lagi! Gue bukan Karang yang bisa lo tampar seenak hati lo!””

“Woy! The woman who feels the most hurt!” Agha shouted as he slid down the stairs from the edge.

“Are you surprised to see me dare to talk like this?” Agha walked slowly toward Andira. “Don't feel like you're the only victim. Your acting of feeling the most hurt should get a standing applause!”

PLOK, PLOK!

Agha clapped her hands right in front of her mother's face. Although she had never met Andira before, the teenager knew very well that Andira hated Karang and always blamed Karang for everything that happened in Andira's life. Agha knew that because he was in the same body as Karang.

PLAK!

Andira threw a hard punch at Agha's face. Agha held his cheek which was reddish from Andira's slap. He clucked in annoyance “Tsk, poor Karang. His life is slapped here and there, hit here and there,” Agha said.

Andira raised one hand, about to deliver a second slap to Agha's face. However, Agha quickly slapped away her mother's hand and squeezed the

arm of the woman who had given birth to her hard. "Don't slap me again! I'm not a coral that you can slap at will!"

Agha has always been withdrawn and is not afraid of anyone who bullies him, even if it is Andira Deepa, the woman who gave birth to him. It was the first time Agha appeared in front of Andira directly.

Karang who always loved Andira even though she never wanted her presence. Every day for Andira's birthday, Karang always buys a birthday cake for Andira.

Once upon a time, on Andira's birthday, Andira was surprised by a birthday cake on her dresser. He already suspected that it was Karang who gave the cake. He felt angry and approached Karang and berated the boy. It is in:

“” KAMU TIDAK PUNYA MALU, YA!” Andira datang berteriak sambil berkacak pinggang dnegan nafas yang menderu. Wanita itu menghentikan Langkah kaki Karang yang baru saja keluar dari dapur.

“Mamam bicara sama Karang?” tanya Karang gugup. Wajah Karang mendadak pucat pasi. Perasaanya mengatakan ada sesuatu yang salah yang sudah dia lakukan.

“IYA MEMANG ADA SETAN LAIN SELAIN KAMU DISINI?!”

“Karang salah apa, Ma?” tanya Karang sambil mengaitkan kedua jemarinya. Saat ini dia sangat ketakutan.

“APA INI?” Andira menyodorkan kue yang dia pegang dengan tatapan jijik. “Karang nggak ta—”

“MAKAN INI! SAYA NGGAK BUTUH KUE MURAHAN DARI KAMU!” Wanita itu melempar kue yang dia temukan di dalam kamarnya ke wajah dan tubuh Karang yang saat itu berada tak jauh darinya. Kue tersebut segera mengotori tubuh Karang dan sisanya tercecer menghempas ke lantai.

Deg.

Karang membeku. Dia tidak bisa mengatakan apa-apa. Hanya tangannya saja yang segera menyeka krim kue yang menutupi wajahnya.

“” KENAPA KAMU TIDAK SADAR DIRI JUGA SIH ANAK SIAL? Mau bagaimnapun kamu berusaha, saya tetap tidak akan pernah menyukai kamu! Jadi, jangan berusaha melakukan apapun untuk mendekati saya. PAHAM KAMU!”

“Ta-tapi itu bukan kue dari Karang, Ma.” Karang sedikit teragap.

“Bukan Karang yang kasih Mama kuenya.”

“Oh, sudah merasa besar, sudah mulai berbohong kamu?”

“Karang nggak bohong, Ma. Kar—”

“TUTUP MULUT KAMU!” Adira memaksa masuk kue tersebut ke dalam mulut Karang hingga anak laki-laki itu tersedak. “Uhuk!” Karang terbatuk dan memuntahkan kue yang menjejat di mulut kecilnya. “Ka-rang min-ta maaf... kalau Ka-rang sudah bikin Ma-ma marah. Karang janji. Ng-gak akan melakukannya lagi,” ucapnya terbata-bata.”

"YOU HAVE NO SHAME, DO YOU!" Andira came shouting while ruffling her waist with a roaring breath. She stopped Karang's footsteps who had just come out of the kitchen.

"Are you talking to Karang?" Karang asked nervously. Karang's face suddenly turned pale. His senses told him there was something wrong that he had done.

"YES, THERE ARE OTHER DEMONS BESIDES YOU HERE!"

"What did Karang do wrong, Ma?" asked Karang while hooking his fingers together. He was now very scared.

"WHAT IS THIS?" Andira offered the cake she was holding with a disgusted look. "Karang doesn't ta-"

"EAT THIS! I DON'T NEED YOUR CHEAP CAKE!" The woman threw the cake she found in her room at the face and body of Karang who was not far from her. The cake immediately contaminated Karang's body and the rest scattered to the floor.

Deg.

Karang froze. He couldn't say anything. Only his hand immediately wiped the cake cream that covered his face.

"" WHY DON'T YOU REALIZE YOURSELF TOO, DAMN KID? No matter how hard you try, I will never like you! So, don't try anything to get close to me. UNDERSTAND YOU!"

"Ta-but it's not Karang's cake, Ma." Karang stammered a little. "It wasn't Karang who gave me the cake."

"Oh, you're feeling big already, are you starting to lie?"

"I'm not lying, Mom. Kar-"

"SHUT YOUR MOUTH!" Adira forced the cake into Karang's mouth until the boy choked. "Uhuk!" Karang coughed and spit out the cookie crammed in his small mouth. "You're sorry... if you've made Ma-ma angry. I promise. I won't do it again," he stammered."

From the quote it can be seen that Karang was very scared that day.

From what the researchers read in the novel *I Don't Hate the Rain*, indeed, Karang buys Andira a birthday cake every year. However, the poor child did not have enough courage to give the cake to his mother. He could only celebrate Andira's birthday by blowing out the candles and saying the best wishes for his beloved mother. Indeed, the cake in Andira's room was not from Karang but from her husband, Pramana.

In the evening Pramana came home from work and was surprised to see the house was a mess, scattered with cakes. He went straight to his room and asked his wife what happened. Andira recounted the incident arrogantly, Pramana was shocked by what Andira had done to Karang. He felt angry with his wife, his wife had gone too far. Pramana immediately rushed to Karang's room. His heart sank when he found Karang with his back to him and he hoped that Karang would have a cake with the living on. The data can be proven by the following quotation:

“Mas....” Ucapnya lirih.

Karang menoleh dengan mata sembab dan wajah yang berantakan dengan sisa-sisa krim kue yang belum bersih sepenuhnya. Anak laki-laki itu hanya memandang Pramana dengan sorot mata yang sulit diartikan.

“Mas mau rayain ulang tahun Mama sama Papa nggak?” lanjut Pramana sambil menyeka sisa-sisa krim di wajah Karang dengan kemeja yang dia gunakan.

Karang menatap wajah Pramana yang berjongkok di sampingnya dengan begitu sedih. “Daddy..., I’m scared. She’s mad at me. I don’t know my mistake.”

Pramana tercekat. Pria itu sangat kebingungan melihat tingkah Karang yang menurutnya sangat aneh.

“Mas ngomong apa? Mas takut sama Mama? Mama menyakiti Mas lagi?”

“What do you say, Dad? I don’t understand?”

Jawaban Karang membuat Pramana semakin kebingungan. Dia mengapit tubuh Karang dengan kedua tangan besarnya. “Mas Karang... Mas kenapa? Jangan bikin Papa bingung.”

Namun lagi-lagi Karang hanya menatap sendu. Raut wajahnya terlihat begitu polos dan ketakutan.

“English please... I really don’t understand what you’re saying, Daddy, and who is Karang? Who are you calling Karang?”

Deg.

“Karang is you,” jawabnya sembari menunjuk dada putranya.

Karang menggeleng. “No. my name is Banu. Not Karang.”

“No. your name is Karang, not Banu. You are my son.”

“I don’t know who Karang is. My name is Banu Sangkala Daneswara and im six years old.”

Tubuh Pramana seketika luruh ke lantai. Pria kuat itu akhirnya kalah, dan menangis. Ternyata apa yang dia khawatirkan benar terjadi.””

“Mas....” She said softly.

Karang turned around with puffy eyes and a face that was messy with the remnants of cake cream that had not been completely washed off. The boy just looked at Pramana with a look that was hard to interpret.

“Don’t you want to celebrate Mama and Papa’s birthday?” Pramana continued as she wiped the cream off Karang’s face with the shirt she was wearing.

Karang looked sadly at Pramana’s face crouched beside him. “Daddy..., I’m scared. She’s mad at me. I don’t know my mistake.”

Pramana choked up. He was very confused by Karang’s behavior, which he found very strange.

“What are you saying? Are you afraid of Mama? Did Mama hurt you again?”

“What do you say, Dad? I don’t understand.”

Karang’s answer made Pramana even more confused. He flanked Karang’s body with both big hands. “Mas Karang... What’s wrong with you? Don’t confuse Papa.”

But again Karang just stared sadly. His face looked so innocent and scared.

"English please... I really don't understand what you're saying, Daddy, and who is Karang? Who are you calling Karang?"

Deg.

"Karang is you," he replied, pointing at his son's chest.

Karang shook his head. "No. my name is Banu. Not Karang."

"No. your name is Karang, not Banu. You are my son."

"I don't know who Karang is. My name is Banu Sangkala Daneswara and im six years old."

Pramana's body collapsed to the floor. The strong man finally lost, and burst into tears. It turned out that what he had feared was true."

Pramana can't stop thinking why fate is so cruel to his son who is still in his teens.

how could his son who had just grown-up experience an identity crisis that still sounded commonplace among many people.

From the quote it is known that from what Andira did earlier, it triggered the creation of a new figure within Karang. The third alter ego of Karang is named Banu Sangkala Daneswara. Where Banu is a small Karang personality who still lives in America. He speaks English and acts like a 6-year-old child. Pramana was very saddened by the appearance of another figure from Karang. He recalled everything that the Coral enchanter had been through so far.

Conslussions

The conclusions that can be drawn from the study "THE FORM OF KARANG DUAL PERSONALITY IN THE NOVEL AKU TAK MEMBENCI HUJAN BY SRI PUJI HARTINI: STUDY OF LITERATURE PSYCHOLOGY" are as follows.

The inner conflict that Karang is experiencing is trauma from his childhood when he was entrusted to his father's family in America. Besides that, the trauma that Karang got was from his own mother who never expected it and always cornered him. Coral, which Andira hates because he is not the child she expected. The emergence of Agha and Banu's personalities was when Karang was a teenager. It was caused by the pressure that Andira put on Karang. The other personality appears when Karang is very scared and depressed.

There are three personality forms owned by Karang, namely Karang Samudra Daneswara, Agha Sebasta Daneswara, and Banu Sangkala Daneswara who have introverted, extroverted, and childish personalities. This can be proven by Karang, who doesn't like to mingle with his classmates and also people he knows. Meanwhile, Agha is more outspoken and always retaliates if he is bullied by anyone, even his own mother. If Banu he is more

spoiled and has the character of a child, this can be seen the first time he appears in front of Pramana.

REFERENCES

- Arifah, M. N., Suseno, Andalas, M. I. 2017. *Konflik Kepribadian Tokoh Utama dalam Novel Pasung Jiwa Karya Okky Madasari: Kajian Psikologi Sastra*. Semarang. Jurnal Sastra Indonesia. JSI 6 (2) (2017).
- Astari, F. A., Qomariyah, U., Andalas, M. I. 2019. *Perilaku Tokoh Indigo dalam Novel Danur Karya Risa Saraswati: Kajian Psikologi Sastra*. Semarang. Jurnal Sastra Indonesia. JSI 8 (1) (2019).
- Bayne, T. J. 2002. *Moral Status and the Treatment of Dissociative Identity Disorder*. Christchurch. Journal of Medicine and Philosophy. Vol. 27, No. 1, pp 87-105.
- Durand, V. M. & Barlow, D. H. 2006. *Intisari Psikologi Abnormal*. Yogyakarta: Pustaka Pelajar.
- Endaswara, Suwardi. 2008. *Metodologi Penelitian Sastra*. Yogyakarta: Media Pressindo
- Frances, Allen., dkk. 1994. *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition*. American Psychiatric Association. Washington, DC.
- Hartini, Sri Puji. 2023. *Aku Tak Membenci Hujan*. Depok: PT. Akad Media Cakrawala x Skwad Media Cakrawala
- Kluft, R. P. 2012. Hypnosis in The Treatment of Dissociative Identity Disorder and Allied States: An Overview and Case Study. Bala Cynwyd. *South African Journal of Psychology*, 42(2), 2012, pp. 146-155.
- Rahmawati, Sumartini, Andalas, M. I. 2018. *Emosi Tokoh-Tokoh Sentral dalam Novel Sunset Bersama Rosie Karya Tere Liye*. Semarang. Jurnal Sastra Indonesia. JSI 7 (3) (2018).
- Wellek, R. & Warren, A. 1989. *Teori Kesusastraan*. Jakarta: PT Gramedia.
- Wiyatmi. 2011. *Psikologi Sastra Teori dan Aplikasinya*. Yogyakarta: Kanwa.